



## “What’s Up?” Grades 2-5

What’s Up?” is a series of scenes that revolve around naming and expressing emotions in a more clear, productive, and positive way. Through these scenes students will be given the language to define their feelings and are encouraged to begin the process of self examination.

- **Emotional House Party:** Our Artistic Director Ariel hosts a virtual party for the members of the Touring Company. Each of them acting out a distinct emotion for the audience to guess and identify.
- **Opening:** Our Touring Company introduces themselves and shares how they are feeling today!
- **Emotional Orchestra:** Emozart conducts the Touring Company in a musical display of how you can express your emotions, even when you’re feeling blue, through art.
- **Gratitude with Attitude:** During a class show and tell, one student is overwhelmed with insecurities and jealousy. She confides in her grandmother; who shares some helpful advice.
- **Don’t Flip Your Lid:** As students get into an argument, we take a look inside their minds to see how our brain handles our emotions.
- **The Shadowland Expansion:** Students are transported into a new video game that forces them to face their greatest fears!
- **New Expectations:** Friends are looking forward to an exciting weekend but their plans are forced to change when one of them tests positive for COVID-19.
- **Stress 101:** Follow a student, a parent, and a teacher in their daily lives, the stresses they face everyday, and how they deal with them.
- **The Empathy Match:** Become a contestant on our new game show where we learn the importance of empathy, how to put ourselves in someone else’s shoes, and how to ask for what we need.