WHAT HAPPENS AT CAMP?
Camp Good Grief provides a weekend experience for children and teens to express themselves, create positive memories, facilitate bonding and foster peer support utilizing art, music, drama, journaling, sports and play, trust activities and non-religious ritual. Beginning on Friday afternoon with a warm greeting from counselors and staff, children and teens engage in a wide range of healing, expressive activities until the close of camp on Sunday afternoon.

WHEN DOES IT HAPPEN?
Camp Good Grief opened on September 3, 2010 with its inaugural weekend. The next session will be held May 13-15, 2011. It is anticipated that Camp Good Grief of Staten Island will offer four sessions annually.

WHERE IS THE CAMP LOCATED?
Camp Good Grief is located on Staten Island. It will next be sited at Mt. Marressa Campus in 2011. The site boasts beautiful grounds, comfortable rooms, activity areas, a large dining hall, walking paths and a safe, peaceful and protected atmosphere where our campers can enjoy a weekend of fun and healing.
WHY IS A CAMP FOR GRIEVING CHILDREN AND TEENS NEEDED?

While children and teens may sometimes appear intact or unaffected by a significant loss, their exterior often masks a fearful, traumatized, shattered interior with few skills for communicating these profound feelings of loss and sadness. Camp Good Grief of Staten Island seeks to provide an opportunity to assist bereaved children, teens and their families to cope with their special needs.

WHO IS ELIGIBLE TO ATTEND?

Camp Good Grief is open to Staten Island children and teens ages 7 to 16, who are grieving a significant loss. It is staffed by Karen Goldman, Clinical Director, security-screened professional counselors and trained volunteers who facilitate healthy grieving. This is accomplished in age-based groups allowing children to experience the relief of being with others who have had similar losses and express themselves without fear of ridicule, teasing or stigmatization.

WHAT IS THE MISSION OF THE CAMP?

1. To provide a safe setting for children and teens to grieve the loss of a loved one
2. To provide an opportunity for children and teens to share their unique experiences with others who have similar losses, normalizing their feelings of grief and loss
3. To provide feelings of hope and a sense of community rather than loneliness
4. To provide coping skills which children and teens can draw upon as they grow and mature
5. To provide a place of creativity for expressing their emotional needs while having fun

WHO IS SPONSORING THE CAMP?

Camp Good Grief of Staten Island, Inc is a tax exempt, not for profit 501 (c) 3. The camp was conceived by Linda and Irwin Steinman, native Staten Islanders whose own children lost a mother and a father in the early 1980's. Camp Good Grief is provided at no cost to the camper's families. In addition to providing weekend bereavement camp experiences, the Steinman's hope to expand the camp's scope to include educational programs for teachers, clergy and others who interact with children who would benefit from increasing their knowledge of the grieving process.

Karen L. Goldman -MA, LMHC-BCPC, Jennie Bokser-CIT
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